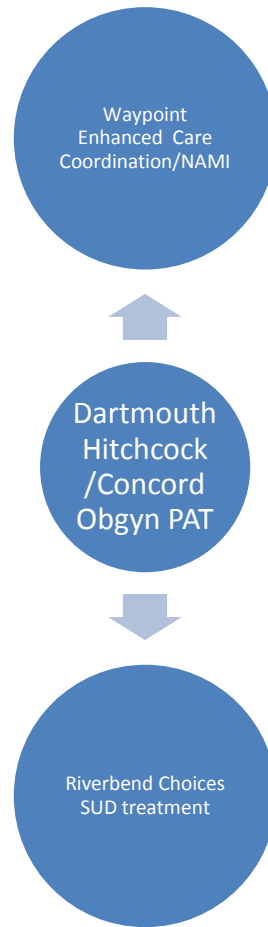


CHOICES FOR FAMILIES

A PROGRAM OF REGION 2 IDN



Choices for Families



Enhanced Care Coordination objective

- Engage families who are pregnant and parenting very young children in services that will help to mitigate these children's exposure to multiple adverse childhood experiences and result in more positive health outcomes.



Protective Factors Framework

- parental resilience, social connections, knowledge of parenting and child development, concrete support in times of need and social and emotional competence of children

In the beginning

- Target Populations
 - Children under age 6
 - Families with histories of trauma, substance use, serious emotional disturbance
 - Pregnant Women receiving Medication Assisted treatment(Buprenorphine)
- Partnerships
 - NAMI
 - Concord Obgyn
 - Dartmouth Hitchcock Obgyn (concord office)
 - Riverbend Children's Mental Health Program
 - UNH Institute on Disabilities
 - Concord State Hospital

Getting started

Questions

- How many families can we serve?
- How will we get referrals?
- What if a family doesn't want or get to Wrap Around?

Answers

- 10 per year
- Develop close Partnerships with referring agents
- Defining and redefining outcomes becomes part of the process.

ANTICIPATED OUTCOMES

- Normal Birth weights and full gestation
- Connection to concrete supports
- Safe plans for babies discharging from hospital
- Connect families to the supports they need
- Improved Parenting Capabilities as demonstrated in protective factors survey.
- Support and sustain recovery
- Early identification of developmental delays
- Total anticipated families served; 10



CHALLENGES WITH CLIENTS

Engagement

Housing Instability

Legal issues

Understanding sobriety

Domestic Violence

Poverty

Multi -generational DCYF
involvement

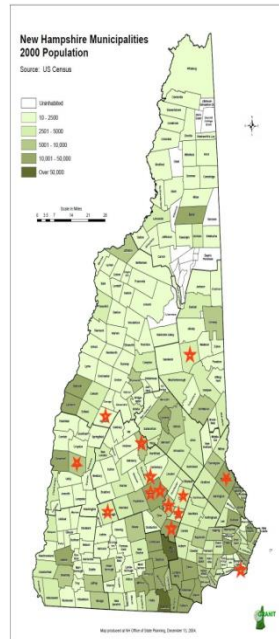
System burnout

Including fathers



*“I'd invite you in, but my
life's a mess.”*

Geographic challenges



- Narrowing our scope to develop referrals(PAT/MAT involved) led to a new discovery....families involved in MAT in Concord lived in various parts of the state
- This has changed over time as more MAT providers have come on board.

Approach



- NH Wrap Around/Care Coordination Model
 - Evidenced Based for families with school age children
 - Team includes Coordinator and NAMI(family support specialist)
 - Established training and coaching support from UNH IOD
 - Offers families a different experience in care management that is driven by their family vision
 - Includes access to Flexible funds

Model challenges



- Researching national models that use wrap around for pregnant and parenting families with substance use disorders.
- Working with UNH to develop a model that is targeted to younger children(even infants) while maintaining fidelity

System Challenges

- Transition from PAT to MAT
- Housing issues for families with criminal histories and low employment
- Working with DCYF
- Working with Maternity



Adapting

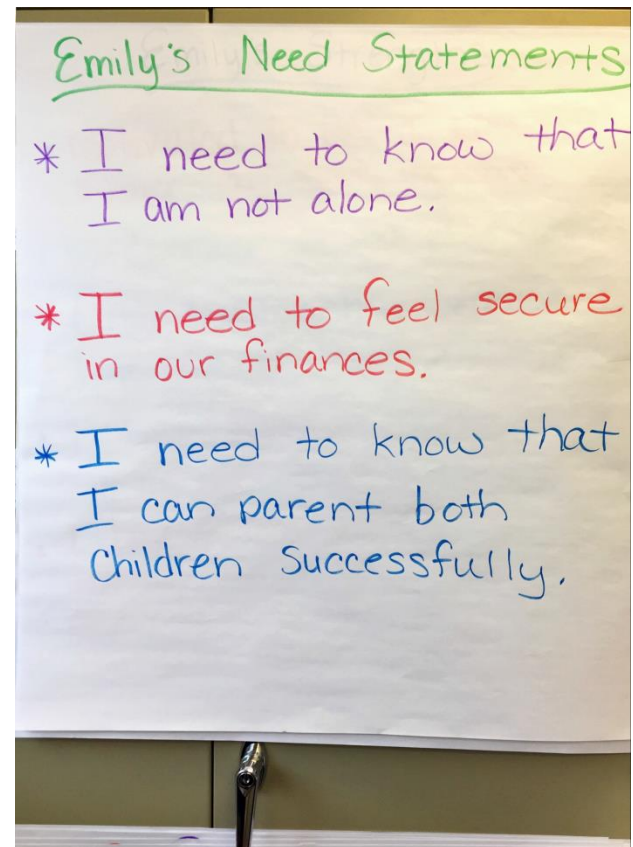
- Developing our identity as a program
- Focusing on our understanding of each other's roles and responsibilities
- Understanding individual client's journey of recovery
- Adding parent education and support groups
- Adding collaborations with Family Center at Concord Hospital
- Considering use of recovery support specialist
- Bringing our services under one roof?

A family struggling to survive

Hello

- Stabilization
- Getting to know a family's story through their timeline
- Helping them identify their strengths and needs
- Identifying a vision based on these strengths and needs
- Pulling together a team to support attainment of the family vision

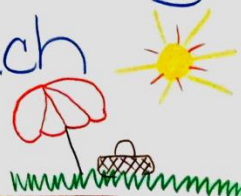
An example of Needs



Family Vision

FAMILY VISION:

To be living close to family and friends while feeling safe and able to have fun in our community together with each other.

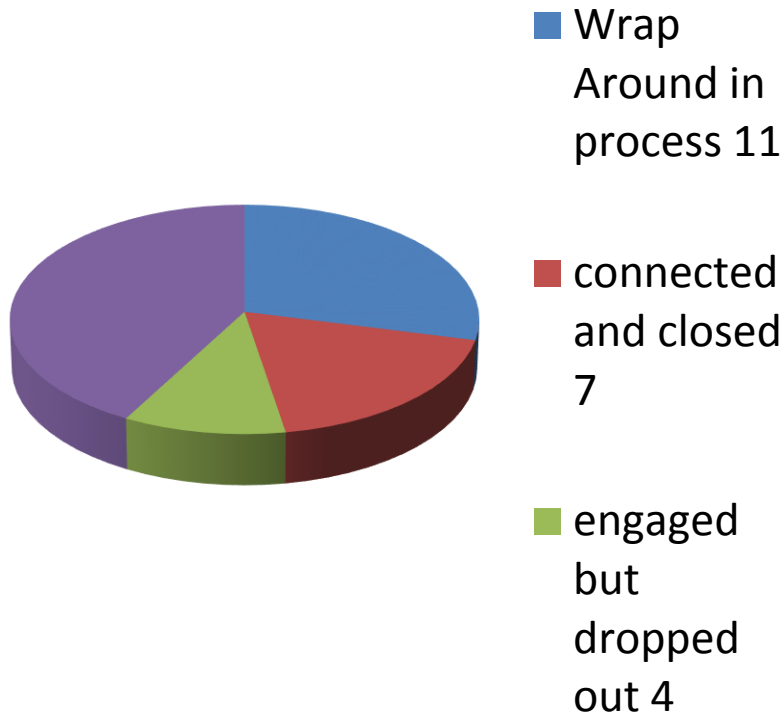


FAMILY VISION

To be financially stable and provide a secure, safe, and happy place to live happily with Lilly.

OUTCOMES

Total referrals 38



– Current caseload 11

- 5 who have given birth
- 5 who retained custody
- 5 working full time
- 7 living independently
- 1 DCYF involved

WHERE DO WE GO FROM HERE?

FUNDING OPPORTUNITIES
MEDICAID
PRIVATE INSURANCE
GRANTS

EXPANDING
OUR STAFF
OUR TARGET POPULATION
PRISON REENTRY

CELEBRATING SUCCESS
• DOCUMENTING
MEANINGFUL OUTCOMES

